LOS ANGELES UNIFIED SCHOOL DISTRICT | STUDENT HEALTH & HUMAN SERVICES



WELLNESS PROGRAMS



Partner Directory SCHOOL-BASED SERVICES AT NO COST



MESSAGE FROM THE DIRECTOR



The Wellness Programs department is responsible for facilitating the coordination of an array of partnerships that provide on campus services at no cost to students and families. Wellness Programs support schools to establish partnerships with city, county and community-based organizations that address the needs of the whole school, whole community and whole child. We know that health, mental health, wellness, and safety are essential for effective teaching and learning. Wellness Programs is

committed to supporting the instructional program by reducing and eliminating barriers to student learning and promoting success toward the goals of 100% graduation and zero dropouts.

The Wellness Programs Partner Directory consists of partners that have active agreements with Los Angeles Unified School District. In order for community-based agencies or non-District personnel to render health, mental health, and non-health services on a school campus at no cost, a completed and executed agreement Memorandum of Understanding (MOU) or Operating Agreement (OA) and Service Delivery Application (SDA) must be on file with the Division of Student Health and Human Services. Each Local District has been allocated an Organization Facilitator to develop agreements with school site personnel and partners. Organization Facilitators are responsible for verifying the completion of documentation, ensuring all appropriate signatures are secured, and maintaining a database record of all executed no-cost agreements.

The purpose of this resource is to provide school leaders with a list of partners that have an agreement with the District that may be able to provide services to the school community. Wellness Programs is dedicated to establishing partnerships that serve the needs of schools and our Organization Facilitators are eager to assist with meeting those needs.

Sincerely, William Celestine, Director, Wellness Programs

ESTABLISHING PARTNERSHIPS

The Division of Student Health and Human Services (SHHS) has the responsibility to provide support to the instructional program and reduce barriers to the academic achievement of students. Schools are encouraged to collaborate with city, county and community-based health and human services for improved child, youth, and family outcomes.

In order for a community-based agency or non-District personnel to render no-cost health and non-health services on a school campus, a completed and executed Agreement should be completed with the assistance of an Organization Facilitator. All district administrators should review BUL – 076705 Establishing No-Cost Health, Non-Health and Mental Health Services MOUs and Agreements on School Campuses, before entering into partnerships with any community-based agency or non-District personnel. Below is an outline of the process developed to establish no-cost partnerships along with the contact information for Organization Facilitators to assist school leaders.

Memorandum of Understanding (MOU) and Operating Agreement (OA) Process:

- 1) Provider and school determine a need for a school based service.
- 2) Provider and school principal contact Wellness Programs Organization Facilitator (OF).
- 3) Wellness Programs O.F. develops MOU or Operating Agreement with provider and school personnel.
- 4) Provider completes MOU and Service Delivery Application (SDA).
- 5) Provider and school principal review MOU and SDA and sign documents as evidence of approval.
- 6) Provider submits signed MOU, SDA and accompanying documents to Wellness Programs O.F.
- 7) O.F. reviews MOU, SDA and documentation and signs in approval.
- 8) O.F. secures necessary signatures from Local District and Central offices, including Office of General Counsel.
- 9) O.F. notifies school and provider of MOU/SDA approval and when services may begin.

ORGANIZATION FACILITATORS



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STUDENT HEALTH & HUMAN SERVICES | PARTNER DIRECTORY | UTD 08/2021

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The of the services are provided by the partners. Please contact your Organization Facilitators and review the specific agreements for details regarding the partners and available services. Wellness Programs continues to establish new partnerships with community based organizations, please log onto achieve.lausd.net/wellnessprograms to view the most current list of "community partners" with active MOU agreements.

ACADEMIC & COLLEGE READINESS SERVICES

826LA www.826la.org

Supporting students ages 6-18 with their creative and expository writing skills, and to helping teachers inspire their students to write.

COALITION FOR RESPONSIBLE COMMUNITY DEVELOPMENT (CRCD) www.coalitionrcd.org

CRCD is a youth-centered approach to serving young people. Their program assists youth and young adults to further their education, pursue career pathways, and meet basic needs. The program offers academic support, college readiness, and career pathway exploration.

COMMUNITY DEVELOPMENT TECHNOLOGIES CENTER (CDTECH) www.cdtech.org

Provides youth leadership programs at high schools to increase educational attainment and career development among 14-18 year old youth.

EMILY SHANE FOUNDATION www.emilyshane.org

Offering mentor services to struggling and failing middle school students in the mainstream classroom.

FULFILLMENT FUND www.fulfillment.org

Through classroom instruction, mentoring, one-onone college counseling and experiential learning opportunities, they open young people's eyes to the possibility of higher education, and change their beliefs about what they are capable of achieving.

L.A OASIS WISE & HEALTHY AGING www.tutoring.oasisnet.org

In partnership with school districts to pair volunteer tutors with children in grades K-5 to build their reading skills, self-esteem, and positive attitudes toward learning.

PUENTE LEARNING CENTER www.puente.org

A bridge to opportunity by enabling children to develop a lifelong love of learning, helping parents succeed in their role as their child's first and most important teachers, supporting youth as they move toward high school graduation and beyond.

SCHOOL ON WHEELS www.schoolonwheels.org

In conjunction with the Homeless Education Program counselor, provides volunteer one-on-one and group tutoring for identified homeless students on school campuses in grades K-12.

TELACU

<u>www.telacu.com</u>

Provides students comprehensive academic support and guidance to graduate from high school, enroll in and complete postsecondary education. Access to college campus visits throughout the State, instructions on successfully navigating the college admissions, and enrollment processes.

THE UNIVERSITY CORPORATION – CALIFORNIA STATE UNIVERSITY, NORTHRIDGE www.csun.edu

Assist participants with receiving pre-college program services to support their academic success and prepare for post-secondary opportunities upon high school graduation.

YOU RUN THIS TOWN FOUNDATION (YRTTF) www.yrttf.org

YRTTF provides high school students with career development enrichment activities that include resume building, career preparation, financial planning, college planning, professional and civic engagement.

DENTAL SERVICES

ALTA MED HEALTH SERVICES CORPORATION www.altamed.org

They make it easy to see a dentist, with complete dental offices built into many of their health centers. In addition to X-rays, cleanings, and visual exams, they also provide more intensive services.

BIG SMILES DENTAL www.bigsmilesdental.org

Their in-school dental program saves you time and provides a safe and comfortable place for your child to receive gentle dental care from licensed local professionals. Dental care includes a complete dental exam, x-rays, cleaning, fluoride and sealants when necessary, and in some cases, restorative care such as fillings.

EISNER PEDIATRIC & FAMILY MEDICAL CENTER www.eisnerhealth.org/dental

In order to reach more at-risk children with dental care, they operate two school-based portable dental clinics in the L.A.U.S.D at San Pedro Elementary and Nevin Elementary. They offer cleanings, exams, sealants and minor fillings to their school-based patients and refer more complicated dental issues to their main dental sites or to each patient's own primary dental provider.

MISSION CITY COMMUNITY NETWORK, INC. (MCCN) www.mccn.org

A nonprofit 501(c)(3) corporation, has a 25-year history of providing culturally competent and ageappropriate medical, dental, and mental health services for the uninsured and low-income families of Southern California.

NORTHEAST VALLEY HEALTH CORPORATION www.nevhc.org

Provides medical, dental and behavioral health services through experienced and dedicated professionals specializing in various fields of expertise.

QUEENSCARE FAMILY CLINICS www.queenscare.org

An independent network of nonprofit federally qualified health centers providing healthcare for low income and uninsured. While they provide partial funding to QHC, they also refer patients in need to many of their Los Angeles area sister health centers. Beyond primary care, QHC offers low cost vision, affordable dental care, pharmacy, obstetrics, mental health services and much more.

SAMOHA DDS, INC (MILES FOR SMILES) www.smileformilesdental.com

This program is available to students who are in one of these three categories of dental coverage: 1) have Medicaid 2) have MoHealthNet (formerly MC+) or are uninsured and qualify for free/reduced meals. Miles for Smiles is operated by a professional staff that will provide onsite dental services to eligible children. Students who qualify will be given an initial exam and dental treatment will be provided as determined by the examining dentist. Details of the exam and care given will be available for parents to keep for their records.

DENTAL SERVICES

ST. JOHN'S WELL CHILD & FAMILY CENTER www.wellchild.org

An independent 501(c)(3) community health center. They serve patients of all ages through a network of Federally Qualified Health Centers and school-based clinics that span the breadth of Central and South Los Angeles and Compton. In addition to providing a broad array of primary care services, they place a high priority on developing supportive services to address families' educational, socio-economic, and mental health needs.

T.H.E. HEALTH & WELLNESS CENTERS www.tohelpeveryone.org

Provides a one-stop Wellness Center for a wide range of services, including medical health services for men, women, children and teens, as well as public health and preventive education services all designed to treat the "whole" person - body, mind and spirit.

UCLA SCHOOL OF DENTISTRY www.dentistry.ucla.edu/about

These clinics offer comprehensive state-of-the-art dental care for adults. When you become a patient, you will be assigned to a team of student dentists known as a vertical tier, comprised of a fourth year, third year and second year student. The students work together, each performing procedures for which they have been trained, thus providing continuity of care. All student procedures are closely supervised by faculty mentors at every stage of treatment.

VALLEY COMMUNITY HEALTHCARE www.valleycommunityhealthcare.org

Provides general medical care, dental care, optometry, women's health, prenatal care, pediatric care, teen health, behavioral health services, and longer-term counseling.

WESTERN DENTAL SERVICES, INC www.westerndental.com/en-US

They are focused on helping children and their parents build a foundation of good oral hygiene and dental health for a lifetime. Initial exams and regular checkups for those first new teeth, preventative care like fluoride treatments and tooth sealants, routine cleanings and fillings to repair tooth decay will insure your child maintains a beautiful smile and overall good health.

DROPOUT PREVENTION

CRYSTAL STAIRS www.crystalstairs.org

Provides services such as Pregnant Teen Peer Support Groups, parenting and leadership training, and activities that foster decision making and stress management.

EL CENTRO DEL PUEBLO www.ecdpla.org

The Rampart and Northeast Los Angeles Gang Reduction and Youth Development (GRYD) program is part of an intensive effort to foster youth development and reduce the influence of street gangs in the lives of our youth. El Centro Del Pueblo is the lead agency for the GRYD program and is currently working with families implementing prevention services.

GARDENA POLICE DEPARTMENT JUVENILE JUSTICE & INTERVENTION PROGRAM www.gardenapd.org/juvenile-justice-andintervention-program

A program created to educate, support, and improve the lives of at-risk youth to become productive and contributing members of society.

INNER CITY VISIONS www.innercityvisions.org

Provides services such as prevention of the exploitation of vulnerable children and youth, gang prevention, mentoring and support for children and families living in high crime/gang infested areas.

LATINO EQUALITY ALLIANCE (LEA) http://www.latinoequalityalliance.org

Provides public education workshops on LGBTQ issues to students, parents, and professionals in an on-campus educational setting. LEA works in Latino communities to decrease homophobia and increase support for LGBTQ issues.

LAPD HOLLENBECK POLICE ACTIVITIES LEAGUE (PAL) www.lapdhollenbeckpal.org

Get It Straight is a 12-week delinquency prevention and intervention training program for youth ages 10 to 17. Parents are required to attend each weekly session with their child. Participants are involved in a comprehensive curriculum combining classroom instruction, personal development, conflict resolution skills, and communication exercises. Field trips to juvenile detention centers are routinely scheduled to give youth a first-hand look at the inevitable consequences of criminal activity. Parents are required to attend a separate 10-week parenting skills training called the Parent Project that will support their success.

NATIONAL HEALTH FOUNDATION www.nationalhealthfoundation.org

Empowers teen mothers, supports healthy pregnancies, births, peer group workshops and community resource linkages. Implemented oncampus at partnering school sites, the program provides a safe, supportive space to teen parents with the ultimate goal of empowering youth to avoid additional, unplanned pregnancies, improve health outcomes for themselves and their unborn child, and achieve high school graduation and/or completion of a GED. Weekly educational modules include appropriate healthcare for self, child, nutrition, exercise for pregnancy, fetal, infant development, educational, and vocational planning.

DROPOUT PREVENTION

NEW DIRECTIONS FOR YOUTH (NDY) www.ndfy.org

A comprehensive youth development agency that provides mental health services and programs to more than 3,000 at-risk youth and families annually. NDY has provided critically needed services to more than 200,000 youth, the majority of whom come from very low-income families residing in underserved geographic areas including North Hollywood, Van Nuys, Panorama City, North Hills, the economic Enterprise Zone of Pacoima, Sun Valley, and contiguous areas.

PEACE OVER VIOLENCE (POV) www.peaceoverviolence.org

In-Touch with Teens: the curriculum addresses the development of prosocial skills such as empathy, impulse control, effective communication, problem solving, and bystander accountability. The focus on responding to victimization from crimes and complex trauma from interpersonal violence including sexual and domestic violence, family and community violence, sex trafficking, intimate partner stalking and homelessness. POV serves the community through trauma-informed and resiliency-focused interventions and preventions provided by skillful professionals and highly trained paraprofessionals. The POV-DWC Trauma Recovery Center is particularly responsive to the needs of homeless women by providing emergency, temporary and permanent housing along with on-site medical services.

P. F BREESE www.bresee.org

The mission is to battle poverty by empowering youth and families in Los Angeles with the skills, resources, and relationships necessary to thrive. To pursue this mission, Bresee offers diverse services under three program divisions: Youth Services, Family Services and Gang Prevention.

THE WATTS LABOR COMMUNITY ACTION COMMITTEE www.wlcac.org

A non-profit, community-based, human social services organization dedicated to improving the quality of life for South Los Angeles residents. The Gang Reduction and Youth Development Program provides a variety of services for families encouraging overall community wellness, individual and group self-sufficiency.

VOLUNTEERS OF AMERICA LOS ANGELES www.voala.org

The Gang Reduction Youth Development (GRYD) program is to reduce gang violence and gang involvement by promoting positive youth development, assisting gang and at-risk youth 14-25 years of age and their families with access to a wide range of supportive services, creating safer, healthier communities.

ENRICHMENT SERVICES

ASIAN AMERICANS ADVANCING JUSTICE - LA www.advancingjustice-la.org

A joint project of Advancing Justice-Los Angeles and Advancing Justice-Asian Law Caucus in San Francisco, engages in statewide policy advocacy that furthers civil rights for Asian Americans, Native Hawaiians and Pacific Islanders and all communities of color. The organization also provides youth development centers, mentoring, and leadership training to high school students.

ATHLETES IN THE MAKING www.athletesinthemaking.org

Visits various elementary schools, in all school districts, and conducts hour long sessions which consist of various drills that many professional and amateur athletes use on a day to day basis such as dribble drills for basketball, kicking drills for soccer, fielding drills for baseball and puck passing for hockey.

CREATIVE BRIDGE COALITION (CBC) www.cbridgec.org

An innovative-thinking, problem-solving organization created by education and music industry veterans whose goal is to bring music into the lives of children. CBC helps kids (birth through 9 years of age and those with special needs up to 21 years old) learn through effective music-based programs.

DIAVOLO ARCHITECTURE IN MOTION www.diavolo.org

DIAVOLO hosts programs at over 15 sites a year. From elementary to high school, they have programs that can fit your needs.

JMG SPORTSWISE www.jmgsportswise.com

Professional coaches offer an after school program which includes practices and classes that prepare students for competition while at the same time fostering an environment that teaches character building, self-esteem, community, and team spirit.

LOS ANGELES COUNTY MUSEUM OF ART (LACMA) www.lacma.org

Integrated school-based program intended to enrich LAUSD's curriculum by creating art lessons, professional development for teachers and community workshops by way of reproductions based on LACMA's collection for children in grades K-8.

THE LOS ANGELES DRAMA CLUB www.losangelesdramaclub.com

Successfully built an ongoing artistic community of children/youth who, through the creative process of working with Shakespeare, have found a passion, a purpose, and a safe place to express themselves and gain self-worth from their collective accomplishments.

OASIS CENTER INTERNATIONAL www.oasiscenterintl.org

An Arts-based Community Outreach that provides various types of arts related programs and events to young people, with great emphasis on servicing the most under-resourced youth. Through this platform, OASIS cultivates creative fun in film (media), visual, performing arts and design build.

STREET SOCCER USA www.streetsoccerusa.org

After-school soccer program for vulnerable/at risk youth to improve well-being, health and physical fitness.

ENRICHMENT SERVICES

SHAREFEST www.sharefestinc.org

Believing that a community's greatest asset is its youth, Sharefest is committed to mentoring youth to reach their fullest potentials. With the right cultivation of values, critical thinking skills, and opportunities, today's youth are empowered to be tomorrow's leaders who bring solutions and positive change their communities need.

THE GABRIELLA FOUNDATION – EVERYBODY DANCE! www.everybodydance.org

Transforming lives and communities through the power of dance! Providing over 4,600 youth annually with high-quality dance instruction which improves self-esteem, overall physical fitness, and the belief in one's ability to succeed.

THE TORCH FOUNDATION www.thetorchfoundation.training

Conducts transformational leadership workshops for teens, ages 13-17. The two-day workshops provide a safe, engaging, and inspirational environment for profound self-discovery and growth, creating a lasting foundation for teens to build full and enriching lives.

THE UNUSUAL SUSPECTS THEATRE COMPANY www.theunusualsuspects.org

Offers underserved youth experiential theatrearts education and mentorship. Utilizes theatrical story development, script writing, improvisation techniques, and onstage performance to help youth develop self-esteem, respect, and tolerance of others.

TRIDENT SWIM FOUNDATION www.tridentswimfoundation.org

The Swimmer Scholar Program provides academic and aquatics to under-resourced communities at no cost. Through both structured swim practices and after school study sessions participants will learn the core principles of discipline, self-confidence and team work. The program is designed to encourage high school graduation, college attendance, and career development.

VOICES UNHEARD www.voicesunheard.com

In-school workshops funded by The Johny Mercer Foundation and run by trained Voices Unheard teaching artits.

YOUNG STORYTELLERS www.youngstorytellers.com

Students receive mentoring in a group setting by entertainment industry professionals who help them write a story thus engaging their creativity through the art of storytelling. Students will be given the opportunity to direct and film their own short film based on their story.

YOUTH YOGA INC www.youthyoga.com

Provides a series of YOGA instruction sessions to high school students during physical education class.

MEDICAL SERVICES

ASIAN PACIFIC HEALTH CARE VENTURE, INC. www.aphcv.org

The agency provides a full spectrum of health services for patients of all ages including general diagnosis and treatment, behavioral health services, walk-in pregnancy testing, testing for HIV/AIDS and STIs, and screenings for bone density, breast, and cervical cancer.

CEDARS-SINAI MEDICAL CENTER - COACH FOR KIDS & THEIR FAMILIES www.cedars-sinai.org/community/programs/ coach-for-kids.html

Cedars-Sinai created COACH for Kids and Their Families®, a program of the Cedars-Sinai Maxine Dunitz Children's Health Center. COACH provides no-cost health and social services to underserved communities in Los Angeles. On a regular basis, two COACH mobile medical units travel to schools, shelters, public housing developments and neighborhood facilities in communities across 28 Los Angeles zip codes, providing the highest quality care.

DIGNITY HEALTH-CALIFORNIA HOSPITAL MEDICAL CENTER www.dignityhealth.org/socal/locations/

<u>californiahospital</u>

They define health as more than an absence of disease. The center believes caring for the whole person and realizing whole health is best achieved by providing for the physical, mental, spiritual and social needs of every patient we see.

EISNER PEDIATRIC & FAMILY MEDICAL CENTER www.eisnerhealth.org/medical

Eisner Health's school-based family planning program is a safe place where students can receive confidential and personal care including testing, treatment and counseling, free of charge. Their school-based family planning programs are located at Metropolitan High School, Los Angeles High School and Santee Education Complex. Students can schedule two types of visits: (1) non-clinical visits which include pregnancy tests, contraception counseling and distribution of condoms, lubricants and emergency contraception and (2) clinical visits which can include full physical exams, sexually transmitted disease testing and treatment, contraception counseling for prescriptions, and pregnancy testing. Clinics do not need parental permission to talk to students under the Family PACT program.

NORTHEAST COMMUNITY CLINIC (NECC) www.northeastcommunityclinics.com

Providing primary and preventative healthcare services since 1971 to the low-income, uninsured and underserved residents of Los Angeles County. NECC's goal is to eliminate health disparities through the promotion of health education and disease prevention. In addition to primary care, they also provide counseling, mental health, referrals and other supportive services through coordination of community resources for you and your family.

NORTHEAST VALLEY HEALTH CORPORATION www.nevhc.org

Provides medical, dental and behavioral health services through experienced and dedicated professionals specializing in various fields of expertise.

MEDICAL SERVICES

PLANNED PARENTHOOD LOS ANGELES www.plannedparenthood.org/plannedparenthood-los-angeles

Provides convenient and affordable access to a comprehensive range of quality reproductive health care and sexual health information, through patient services, education and advocacy.

QUEENSCARE FAMILY CLINICS www.queenscare.org

An independent network of nonprofit federally qualified health centers providing healthcare for low income and uninsured. While they provide partial funding to QHC, they also refer patients in need to many of their Los Angeles area sister health centers. Beyond primary care, QHC offers low cost vision, affordable dental care, pharmacy, obstetrics, mental health services and much more.

RAPE TREATMENT CENTER UCLA-SANTA MONICA MEDICAL CENTER www.careprogram.ucla.edu

Free medical and counseling services for sexual assault survivors available 24 hours a day. Free telephone consultation. Services for medical exam are within 120 hours of assault.

SOUTH BAY FAMILY HEALTH CARE www.sbfhc.org

A leading community clinic system and one of Los Angeles County's largest safety net providers, offering high-quality, low-and-no cost health care in a warm and supportive environment to economically disadvantaged and uninsured populations throughout Los Angeles County's South Bay and Harbor Gateway communities.

SOUTH CENTRAL FAMILY HEALTH CENTER www.scfhc.org

SCFHC provides high quality primary care for everyone in the South Central community regardless of their ability to pay. Their dedicated medical providers care for all your medical needs, write prescriptions, help with medication management and provide referrals and follow up for specialty care like dermatology and cardiology. SCFHC's Mind Body & Heart Program offers you support for your physical health, mental health, and substance abuse needs. Their expert medical and mental health professionals work as a team to ensure your success through a combination of classes and individual counseling. Their coordinated, holistic services include the entire family – newborns, children, adults and seniors.

ST. JOHN'S WELL CHILD & FAMILY CENTER www.wellchild.org

St. John's Well Child and Family Center (SJWCFC) is an independent 501(c)(3) community health center. SJWCFC serves patients of all ages through a network of Federally Qualified Health Centers and school-based clinics that span the breadth of Central and South Los Angeles and Compton. In addition to providing a broad array of primary care services, they place a high priority on developing supportive services to address families' educational, socioeconomic, and mental health needs.

T.H.E. HEALTH & WELLNESS CENTERS www.tohelpeveryone.org

Provides a one-stop Wellness Center for a wide range of services, including medical and mental health services for men, women, children and teens, as well as public health and preventive education services, all designed to treat the "whole" person body, mind, and spirit.

MEDICAL SERVICES

UNIVERSITY MUSLIM MEDICAL ASSOCIATION-UMMA COMMUNITY CLINIC www.ummaclinic.org

UMMA emphasizes the need for regular health maintenance visits, which include routine prevention screenings, immunizations, and wellness evaluations. Patients are provided education and support to optimize their total health and well- being. In most cases, patients are evaluated by a regular primary care provider, and typically provided any necessary medication at either no cost or low cost depending upon their ability to pay. If a patient requires more advanced tests or specialty care, UMMA will provide an in-house referral to their volunteer specialists or a referral to a local county medical facility.

VALLEY COMMUNITY HEALTH CARE www.valleycommunityhealthcare.org

Valley Community Healthcare provides general medical care, dental care, optometry, women's health, prenatal care, pediatric care, teen health, behavioral health services, and longer-term counseling. Through the Patient Portal, enrolled patients connect online to request appointments, prescription refills and access their medical records.

VIA CARE COMMUNITY HEALTH CENTER (AKA BIENVENIDOS CHILDREN'S CENTER, INC.)

www.viacarela.org

Via Care provides quality primary health care in a warm and friendly environment that is respectful to our patients' culture and experience. As an FQHC, Via Care provides medical services to our community regardless of the ability to pay, caring for the insured and the uninsured.

WATTS HEALTHCARE CORPORATION www.wattshealth.org

Preventive services promoting health maintenance and education include: cancer screening, tobacco control, substance abuse prevention, tuberculosis control, immunizations, maternal and child health, and nutrition education.

WESTSIDE FAMILY HEALTH CENTER www.wfhcenter.org

Westside Family Health Center's mission is to provide comprehensive, high quality, cost effective health care in an educational and supportive environment that empowers patients to take an assertive role in caring for their well being through all stages of life.

AIRPORT MARINA COUNSELING SERVICES www.airportmarina.org

Affordable, community-based mental health services, including child and family therapy, parenting classes, adult and child psychiatry, support groups and crisis intervention.

ALAFIA MENTAL HEALTH INSTITUTE

(California Institute of Health & Social Services, Inc) www.cihssinc.org

Provides access to targeted services for children identified as having mental health problems and emotional disturbances. Prevents placement disruptions and increases stability of the child in the home, school, and community.

ALMA FAMILY SERVICES www.almafamilyservices.org

Mental Health Services for children and adolescents are focused on youth who are experiencing significant emotional difficulties. Services may include individual, family, group psychotherapy, medication support and/or case management. The children's mental health project emphasizes linkage and close collaboration with the child's and family's support system. This may include schools, the Los Angeles County Regional Centers, Department of Mental Health and Department of Children and Family Services. In addition Alma has a central role in the Integrated School Health Center project in Roosevelt High School.

AMANECER COMMUNITY COUNSELING SERVICES

www.amanecerla.org

As a community-based nonprofit organization, the agency provides a wide range of personalized, bilingual/bicultural, behavioral health care and intervention services at no cost to children and parents/caregivers. The agency specializes in schoolbased counseling services. The agency also provides service to victims of domestic violence.

ASIAN AMERICAN DRUG ABUSE PROGRAM www.aadapinc.org

The Asian American Drug Abuse Program (AADAP) is a 501(c)3 non-profit organization dedicated to serving Asian Pacific Islanders and other underserved communities with substance abuse services throughout Los Angeles County. Programs and services are provided to all individuals regardless of race or ethnicity.

ASIAN PACIFIC COUNSELING AND TREATMENT CENTERS www.apctc.org

Provides vital services to adults, older adults, adolescents, and children who are dealing with a wide range of mental health and social problems. Most of these individuals come from the following Asian Pacific communities: Cambodian, Chinese, Japanese, Korean, Laotian, Pilipino, Thai and Vietnamese. While the focus of APCTC has been on serving the needs of Asians and Pacific Islanders in need, the Centers have also extended their services to non-Asian individuals and families.

AVIVA FAMILY AND CHILDREN'S SERVICES www.avivacenter.org

Therapeutic services for children and youth ages birth to 21. Aviva's integrated areas of service make up a continuum of care that addressed emotional, social and other therapeutic services and guidance to at-risk children and families in three main program areas: Wraparound Services, Community Mental Health Services and Foster Family and Adoption Services.

BRIDGES, INC. www.bridgesrehab.org

BRIDGES Inc. is a non-profit organization providing counseling, housing options, and supportive services throughout Los Angeles County for over 4 decades.

CALIFORNIA HISPANIC COMMISSION ON ALCOHOL & DRUG ABUSE, INC www.chcada.org/

Provides culturally competent bicultural, bilingual, and monolingual services that will reduce the environmental vulnerability of low income Latinos and other marginalized populations in California and throughout the United States. CHCADA also provides organizational development and supportive services to Latino-serving organizations. Whether substance abuse emerges as a means of coping with situational problems, or as a stabilizing force within a dysfunctional family, the California Hispanic Commission provides a full range of substance abuse assessment, treatment / recovery services, referral and other services on an outpatient basis.

CALIFORNIA STATE UNIVERSITY LOS ANGELES - CSULA www.calstatela.edu/academic/psych/MA%20 grad%20program.html

Cal State LA Psychology Students provide an afterschool Success Coaching Program at two identified schools in Local District East.

CEDARS-SINAI MEDICAL CENTER/ PSYCHOLOGICAL TRAUMA CENTER www.cedars-sinai.org

Offers a brief term art therapy group focused mental health program for children who have been impacted by stress and/or trauma. Individual and family therapy as well as Case management services are also provided as needed.

CHILD AND FAMILY GUIDANCE CENTER www.childguidance.org

Services are provided based on the child's individual needs. They utilize a variety of highly effective evidence based practices (EBP's) in their outpatient programs. Child psychiatrists provide psychiatric services, including evaluation and medication monitoring. Intensive in-home case management services are offered in collaboration with your child's treatment team. They specialize in linking families to community social services and school support. Wraparound is a family-centered, team and strengthbased, needs driven planning process for high risk youth. This intensive home based program serves children and youth who are at risk of out of home placement or are returning home from placement.

CHILDREN'INSTITUTE INC www.childrensinstitute.org

Provides early education, behavioral health and family strengthening services to children and families.

CHILDREN'S BUREAU OF SOUTHERN CALIFORNIA www.all4kids.org

Geared toward helping young children and their families find ways to decrease potential outbursts and violence in the home and to meet their mental health needs. Children's Bureau provides a wide range of counseling for kids and mental health services including a comprehensive assessment, child abuse therapy, family focused therapy, individual counseling, and group therapy. Intensive day treatment for young children, medication management, case management assistance, therapeutic behavioral health services, as well as assistance to the significant caretakers and support person(s) in the child's life are all offered at their mental health counseling center.

CHILDREN'S HOSPITAL LOS ANGELES

(CHLA Division of Adolescent and Young Adult Medicine)

www.chla.org/adolescent-and-young-adultmedicine

Promotes healthy futures by attending to the physical, emotional, and social needs of young people ages 12 to 25. Board Certified Adolescent Medicine Specialists (from the field of pediatrics, family medicine, and internal medicine) focus on health promotion, treatment and prevention using a model of positive youth development. An interdisciplinary team of psychologists, social workers, health educators, and other professionals collaborate with their physicians and nurses to support the health and wellbeing of young people.

COMMUNITY FAMILY GUIDANCE CLINIC www.cfgcenter.com

Offers a broad range of outpatient mental health services that employ Best Practices to support a client's journey to wellness through the integration of evidence-based programs focusing on prevention, early intervention, and treatment services. They focus on children, adolescents, and transition-age-youth and their families who are high-risk, low-income, and living in underserved areas throughout Southeast Los Angeles County.

COUNSELING4KIDS www.counseling4kids.org

Counseling4Kids provides effective mental health services to at risk children and youth in local school districts. They provide parenting classes, case management, and individual rehab services in adjunct to mental health services provided by licensed clinicians. The goal of their school program is to minimize the effects of trauma, assist parents in increasing effective communication, and to provide comprehensive services to children and their families in the community.

CRITTENTON SERVICES FOR CHILDREN AND FAMILIES

www.crittentonsocal.org

A highly qualified and dedicated team of mental health professionals that are assigned to coach and provide assistance to the children, youth and families we serve. Whether they are working with an individual, an entire family, or students in a school-based setting, they will ensure that all services provided are delivered in a professional and compassionate manner.

DIDI HIRSCH PSYCHIATRIC SERVICE DBA DIDI HIRSCH MENTAL HEALTH SERVICES www.didihirsch.org

Didi Hirsch Mental Health Services has been providing quality mental health and substance abuse treatment in Southern California since 1942.

DIGNITY HEALTH-CALIFORNIA HOSPITAL MEDICAL CENTER www.dignityhealth.org/socal/locations/ californiahospital

They define health as more than an absence of disease. They believe caring for the whole person and realizing whole health is best achieved by providing for the physical, mental, spiritual and social needs of every patient they see.

EDELMAN CHILDREN'S MENTAL HEALTH CENTER

www.nfrc.ucla.edu/edelman-childrens-mentalhealth

Mental health services provided include assessments, case management, crisis intervention, medication support, peer support and other rehabilitative services. Services are provided in multiple settings including residential facilities, clinics, schools, juvenile halls and camps.

EL CENTRO DE AMISTAD, INC. www.elcentrodeamistad.com

El Centro de Amistad, Inc., is a multilingual, cross cultural organization providing a comprehensive range of mental health services, anticipating the ever-changing needs of families and individuals in the San Fernando Valley. El Centro de Amistad, Inc. is committed to assisting children, adults and families.

EL CENTRO DEL PUEBLO www.ecdpla.org

El Centro del Pueblo's mission is to provide social services such as counseling, drug prevention, social rehabilitation, employment, outreach, education, health services, HIV/AIDS education and prevention services and youth services in an effort to improve the quality of life of the diverse communities of Los Angeles County.

EL NIDO FAMILY CENTERS www.elnidofamilycenters.org

El Nido Family Centers is a social service non-profit agency. El Nido Family Centers offers counseling and family support services to disadvantaged communities throughout Los Angeles County. The main goals of ECDA's children's programs are to reduce risk factors that lead to violence, school failure, gang affiliation, and child abuse.

ENKI HEALTH & RESEARCH SYSTEMS, INC. www.ehrs.com

With the goal of promoting early detection and increasing access to mental health services, these services are provided at various school sites. By working in partnership with the schools, treatment is provided to the child in a coordinated and effective manner.

EXCEPTIONAL CHILDREN'S FOUNDATION www.ecf.net

Offers school-based, comprehensive mental health services to children and adolescents who are struggling with a variety of issues, including trauma, depression, anxiety and behavioral problems.

FIVE ACRES www.5acres.org/deaf-services

Provides mental health services tailored to the culture and language of deaf children and adults (ages 0–65+) who reside within Los Angeles County.

- Direct cultural and linguistic therapeutic services in the following languages: American Sign Language, English and Spanish. ASL-English-Spanish or ASL interpreters are used during family therapy sessions to ensure language is not a barrier to healing
- Individual and family therapy with deaf children and adults in their homes, schools or community to support strong mental health
- Treatment using a team approach, utilizing psychiatric services and medication management to compliment therapeutic treatment
- Case management with referral assistance to link you with additional services
- Rehabilitation services to help individuals master coping and social skills to promote healthy living and mental wellness

GATEWAYS CHILD AND ADOLESCENT OUTPATIENT SERVICES

www.gatewayshospital.org/outpatient-programs

Offers an array of comprehensive mental health services for children, Adolescents, transitional aged youth, and adults suffaring from mental illness.

HATHAWAY-SYCAMORES CHILD AND FAMILY SERVICES

www.hathaway-sycamores.org

Offers integrated dual diagnosis treatment for youth struggling with both a mental health condition as well as substance abuse. The Co-Occurring Department has certified chemical dependency counselors as well as mental health professionals working together to provide integrated treatment to this population.

HILLSIDES www.hillsides.org

Hillsides has five core programs that offer a depth and breadth of innovative services for at-risk children and their families. Their integrated team of experts works together to provide the highest quality care and treatment to achieve positive, lasting change. Programs are widely known and respected in the child welfare community: Residential Treatment Services. They provide a safe and stable environment for children and youth who cannot live at home, who have suffered trauma, or who have severe emotional, psychological, and behavioral challenges requiring specialized care and treatment.

INSTITUTE FOR MULTICULTURAL COUNSELING AND EDUCATION SERVICES (IMCES)

www.imces.org/services-programs

Committed to reaching the school-aged, ethnically diverse populations in the community within the convenience of their schools. The program is designed to reach children as early as possible and deliver the goals of the Early Periodic Screening, Diagnostic, and Treatment program. Able to reach children in need of prevention and intervention in order to protect them from high risk factors that may detract to their healthy development. Students are referred by the school psychologist, the PSA counselor, or any administrator who has been designated as the referral source at the school.

INSTITUTE FOR THE REDESIGN OF LEARNING DBA: ALMANSOR CLINICAL SERVICES www.redesignlearning.org

Offers a full array of therapeutic services for children, youth, and young adults ages 3-22 years. Almansor Mental Health Services contracts with the L.A. County Department of Mental Health and other agencies, and strives to empower clients and families to "take charge" of their own success. Services are offered in English, Spanish, Cantonese, Mandarin, and Vietnamese; cultural sensitivity is emphasized.

KAISER PERMANENTE WATTS COUNSELING AND LEARNING CENTER

www.community.kp.org/about/program/wattscounseling-and-learning-center

Provides individual and group therapy in English/ Spanish and specialized support for children whose families are experiencing life threatening terminal illnesses.

KEDREN COMMUNITY HEALTH CENTER, INC. www.kedren.org

Provides mental health care and general medical care, in order to address comprehensive wellness and a collaborative treatment among physicians for optimal patient care. Kedren's holistic integrated delivery system allows for optimal success as the pillars of a healthy community are centrally located on one campus.

KOREATOWN YOUTH & COMMUNITY CENTER www.kyccla.org

Holistic approach to mental health is supported by their multiservice agency—they house more than 20 programs—and their wide network of longstanding partnerships with community agencies. Offers shortterm programs, help clients transition into recovery, and serve participants who may be beyond the scope of traditional outpatient services. They provide medication management, individual and familybased case management, child abuse prevention and intervention, and parenting education.

MASADA HOMES www.masadahomes.org

Their mission is to build a foundation for youth and families by providing quality vocational, mental health and substance abuse services.

NEW DIRECTIONS FOR YOUTH (NDY) www.ndfy.org

A comprehensive youth development agency that provides mental health services and programs to more than 3,000 at-risk youth and families annually. NDY has provided critically needed services to more than 200,000 youth, the majority of whom come from very low-income families residing in underserved geographic areas including North Hollywood, Van Nuys, Panorama City, North Hills, the economic Enterprise Zone of Pacoima, Sun Valley, and contiguous areas.

NORTHEAST VALLEY HEALTH CORPORATION (NEVHC) www.nevhc.org

NEVHC provides medical, dental and behavioral health services through experienced and dedicated professionals specializing in various fields of expertise.

OPEN PATHS www.openpaths.org

Counseling services provided to individual and families at affordable fees; free therapy programs for at-risk children and youth in local schools.

OPTIMIST BOYS HOME & RANCH, INC./ DBA: OPTIMIST YOUTH HOMES AND FAMILY SERVICES www.oyhfs.org

Provides extensive individual, group and family therapy; education; recreation and athletic activities; healthcare programs; participation in community activities, vocational and emancipation training; cultural arts; case management, substance abuse treatment, mentoring, LGBTQ services, and ancillary therapy programs for 700 children and families each day.

OUR HOUSE GRIEF SUPPORT CENTER www.ourhouse-grief.org

The mission is to provide the community with grief support services, education, resources, and hope. Since 1993, OUR HOUSE has helped thousands of grieving children, teens, and adults as they embark upon their journeys to hope and healing.

PACIFIC ASIAN COUNSELING SERVICES www.pacsla.org

They provide an array of mental health services that are culturally sensitive and linguistically appropriate to respond to the diversity of our clients. They are dedicated to healing people with mental illness through counseling and caring.

PACIFIC CLINICS www.pacificclinics.org

Serves children, transitional age youth, families, adults, and older adults. They offer mental health, substance use treatment, and supportive services to Medi-Cal eligible individuals and families. Their diverse staff provides culturally and linguistically relevant services in over 14 languages to our region's culturally and ethnically diverse populations.

PARA LOS NIÑOS MENTAL HEALTH (PLN) www.paralosninos.org

They are committed to the emotional, social and cognitive development of children and youth who are school age. Through a team of clinicians, specialists, case managers, family advocates and parent partners, PLN partners with parents and teachers to support young children as they learn and implement new coping strategies to develop the necessary skills to create meaningful relationships and develop academically. PLN supports these children, youth and their parents through social skills and parenting classes, substance abuse education and support, inhome counseling, case management, mental health counseling, and classroom and teacher support.

PATHWAYS COMMUNITY SERVICES www.pathways.com

Pathways treats children who have faced repeated obstacles in their lives due to a broad spectrum of social, emotional, behavioral, and learning challenges; such as depression and bipolar disorders, autism spectrum disorder, anxiety, loss, and trauma.

PEACE OVER VIOLENCE (POV) www.peaceoverviolence.org

Peace Over Violence offers school-based and crisis counseling intervention, individual counseling, and family counseling. Peace Over Violence also offers parent workshops on domestic violence, child sexual abuse awareness, and Commercial Sexual Exploitation of Children (CSEC).

PENNY LANE CENTERS www.pennylane.org

Welcomes all clients regardless of gender, race, age, religion, disability, marital status, ethnic background, sexual orientation, gender identity and gender expression. Staff also works proactively with the families and caregivers in order to develop a plan that works for both the child and the family to address the child's mental health needs.

PHOENIX HOUSE www.phoenixhouse.org

Committed to treating the whole person — and their families — with caring, qualified professionals in the fields of psychiatry, medicine, mental health, social work, education, and recovery support. Their team of experts address underlying causes of substance abuse and behavioral patterns to guide patients toward lasting recovery. As a leading nonprofit treatment provider, they offer affordable evidencebased care to teens, adults, and families, as well as unique programming for mothers with young children and the military community.

PROVIDENCE SAINT JOHN'S CHILD & FAMILY DEVELOPMENT

www.california.providence.org/saint-johns/ services/child-and-family-development

Children with developmental disabilities, emotional challenges, encounters with domestic violence, substance or physical abuse receive assistance through one of the many programs and services available. Services are provided within the center, on school sites, in the home and in the community.

QUEENSCARE FAMILY CLINICS www.queenscare.org

An independent network of nonprofit federally qualified health centers providing healthcare for low income and uninsured. While they provide partial funding to Queenscare Health Centers (QHC), they also refer patients in need to many of their Los Angeles area sister health centers. Beyond primary care, QHC offers low cost vision, affordable dental care, pharmacy, obstetrics, mental health services and much more.

RAPE TREATMENT CENTER UCLA-SANTA MONICA MEDICAL CENTER www.careprogram.ucla.edu/get-help/resources

Free medical and counseling services for sexual assault survivors available 24 hours a day. Free telephone consultation. Services for medical exam are within 120 hours of assault.

SAN FERNANDO VALLEY COMMUNITY MENTAL HEALTH CENTER, INC. www.movinglivesforward.org

A full range of child and adolescent programs serving youth of all ages. Services include a full range of therapeutic, outpatient, prevention and early intervention, as well as evidence-based services.

SHIELDS FOR FAMILIES www.shieldsforfamilies.org

Provide individuals seeking treatment for alcohol and drugs, mental health, and/or domestic violence with screening, clinical assessment, treatment matching and linkage to services.

SOUTH CENTRAL FAMILY HEALTH CENTER www.scfhc.org

Provides primary care for everyone in the community regardless of their ability to pay. Dedicated medical providers care for all your medical needs, write prescriptions, help with medication management and provide referrals and follow up for specialty care like dermatology and cardiology. SCFHC's Mind Body & Heart Program offers you support for your physical health, mental health, and substance abuse needs. Our expert medical and mental health professionals work as a team to ensure your success through a combination of classes and individual counseling. Coordinated, holistic services include the entire family – newborns, children, adults and seniors.

SOUTHERN CALIFORNIA COUNSELING CENTER

www.sccc-la.org

Provides a range of mental health care services, including individual, family, and group counseling as well as school-based services. There are also treatment options for patients who suffer from anger and depression.

SPECIAL SERVICE FOR GROUPS (SSG) www.ssg.org

Mental health programs are designed to decrease mental health disparities and improve the quality of life for vulnerable populations. A variety of programs offer innovative, comprehensive and culturally appropriate services to advance the wellness of diverse communities.

ST. JOHN'S WELL CHILD & FAMILY CENTER www.wellchild.org

An independent 501(c)(3) community health center. They serve patients of all ages through a network of Federally Qualified Health Centers and school-based clinics that span the breadth of Central and South Los Angeles and Compton. In addition to providing a broad array of primary care services, they place a high priority on developing supportive services to address families' educational, socio-economic, and mental health needs.

STIRLING BEHAVIORAL HEALTH INSTITUTE (SBHS)

www.sbhsva.com

SBHS provides the highest quality of psychiatric and psychological services for individuals and it is staffed by board certified psychiatrists, licensed clinical psychologists, and licensed masters-level clinicians.

T.H.E. HEALTH & WELLNESS CENTERS www.tohelpeveryone.org

Provides a one-stop Wellness Center for a wide range of services, including medical and mental health services for men, women, children and teens, as well as public health and preventive education services - all designed to treat the "whole" person body, mind, and spirit.

TARZANA TREATMENT CENTERS, INC. www.tarzanatc.org

Dedicated to providing professional health care that treats each person with compassion and according to their assessed individual needs for improved physical and mental wellbeing. They provide whole-person healthcare through their integrated programs of primary medical and behavioral healthcare including inpatient medical detoxification and psychiatric stabilization, residential and outpatient substance use disorder treatment, outpatient mental health, and residential rehab for teens / youth and adults, primary care clinics, and HIV/AIDS services including specialty medical care.

THE ANTIOCH UNIVERSITY COUNSELING CENTER www.antioch.edu

A community counseling center providing psychotherapy and counseling services to individuals, couples, families, and groups, serving adults, adolescents and children. Our outreach programs include our School-Based Program, in which we provide these services to local K-12 students on their school campuses at no cost to their families.

THE CENTER FOR INDIVIDUAL & FAMILY COUNSELING (CIFTC) www.ciftcounseling.com

A 501(c)3, non-profit organization. For more than 25 years, CIFTC has provided care and support to the local community. With five offices throughout Southern California and more than fifty therapists, CIFTC is well-positioned to help meet the emotional, spiritual, relational and psychological needs of those served. CIFTC counseling centers are designed to offer a personalized approach to therapy and are well equipped to meet unique needs, providing trustworthy and competent care.

THE GUIDANCE CENTER www.guidance-center.org

The agency operates a wide range of programs and services at 23 locations. Their expertise in mental health and wellness, early childhood education, free preschool for low-income families, developmental disabilities services and support, mentoring, substance abuse, and workforce development.

THE HELP GROUP CHILD & FAMILY CENTER www.thehelpgroup.org

Founded in 1975, The Help Group is the largest, most innovative and comprehensive nonprofit of its kind in the United States serving children, adolescents and young adults with special needs related to autism spectrum disorder, learning disabilities, ADHD, developmental delays, abuse and emotional challenges. The Help Group, through its many specialized clinical and educational programs, provides assistance to children and families within their communities through its Child and Family Center therapeutic and educational programs.

THE VILLAGE FAMILY SERVICES www.thevillagefs.org

Offers an array of comprehensive programs and services that work in concert to break the cycle of abuse and neglect and set families on a path to healing.

UNIVERSITY MUSLIM MEDICAL ASSOCIATION COMMUNITY HEALTH CLINIC (UMMA) www.ummaclinic.org

Emphasizes the need for regular health maintenance visits, which include routine prevention screenings, immunizations, and wellness evaluations. Patients are provided education and support to optimize their total health and well- being. In most cases, patients are evaluated by a regular primary care provider, and typically provided any necessary medication at either no cost or low cost depending upon their ability to pay. If a patient requires more advanced tests or specialty care, UMMA will provide an in-house referral to our volunteer specialists or a referral to a local county medical facility.

UNITED AMERICAN INDIAN INVOLVEMENT CENTER www.uaii.org

A 501(c)3 private, non-profit organization offering a wide array of health and human services to American Indians/Alaskan Native (AIAN) living throughout Los Angeles County. UAII has grown from a small community-based organization providing social services to AIAN living in the Skid Row area within the City of Los Angeles, to a multidisciplinary comprehensive service center meeting the multiple needs of AIAN countywide. The agency also provides substance abuse treatment and Youth Development actities.

UPLIFT FAMILY SERVICES

(Families First, Inc. dba EMQ/Hollygrove) www.upliftfs.org

Offers one of the largest, most comprehensive behavioral and mental health treatment programs for children and family members recovering from trauma such as abuse, severe neglect, addiction and poverty. Mental health services use a strengthbased approach to define and individualize services, maintaining respect and sensitivity for the client's social and cultural background. Certified bilingual staff is available.

VALLEY COMMUNITY HEALTHCARE www.valleycommunityhealthcare.org

Provides general medical care, dental care, optometry, women's health, prenatal care, pediatric care, teen health, behavioral health services, and longer-term counseling.

VIOLENCE INTERVENTION PROGRAM, INC. - CMHC (VIP) www.violenceinterventionprogram.org

VIP has a vibrant and growing school-based therapy program, delivering services right where children often need it the most; at their school. Through strengthening relationships with administrators and providing a much needed layer of support, their clinicians are utilizing area schools to be better aware of positive mental health and serve as a stronger support structure for their students.

VISTA DEL MAR CHILD AND FAMILY SERVICES www.vistadelmar.org

Range of mental health and wellness services integrate concepts of psychodynamic and relational therapy and evidence based practices to help clients develop effective problem solving skills, manage behaviors, establish positive relationships, and achieve academic success. Service Type: Mental Health

WEBER COMMUNITY CLINIC CENTER

(HOPICS Family Center/Special Service for Groups) www.ssg.org/programs-and-services/childrenyouth-families

Provides comprehensive outpatient mental health and substance abuse services to youth aged 0-21. The program targets at risk children and youth residing in Service Area 6 of Los Angeles County. All services are offered in English and Spanish. Probation referrals are welcome and community service opportunities are provided free of charge.

WELLNEST EMOTIONAL HEALTH AND WELLNESS www.lacgc.org

Behavioral counseling and support are provided through an array of programs designed to empower children and help them reach goals in school, build healthy relationships and enjoy emotional well-being.

MENTORING SERVICES

BIG BROTHERS BIG SISTERS OF GREATER LOS ANGELES www.bbbsla.org

Free of charge mentoring services which matches volunteers (Bigs) with kids (Littles) facing adversity to provide professionally supported one-to-one mentoring

COMMUNITY COALITION www.cocosouthla.org

They advocate for smart and effective crimereduction strategies that focus on prevention, and alter the social and environmental conditions that foster crime.

DETERMINED TO SUCCEED www.dtsla.org

Provides comprehensive year-round academic, enrichment and social-emotional support and resources to highly motivated, low-income students to enable them to go to college.

EMILY SHANE FOUNDATION www.emilyshane.org

Individualized, intensive mentoring to struggling/ failing middle school students in the mainstream classroom.

GARDENA POLICE DEPARTMENT-GARDENA JUVENILE JUSTICE & INTERVENTION PROGRAM www.gardenapd.org/juvenile-justice-and-

intervention-program

To educate, support, and improve the lives of atrisk youth to become productive and contributing members of society.

GOOD CITY MENTORS www.goodcitymentors.org

Provides school-based mentoring services for the purpose of improving and enriching educational development to high school students, grades 9-12.

INNER CITY VISIONS www.innercityvisions.org

Provides services such as prevention of the exploitation of vulnerable children and youth, gang prevention, mentoring and support for children and families living in high crime/gang infested areas.

LAPD HOLLENBECK POLICE ACTIVITIES LEAGUE (PAL) www.lapdhollenbeckpal.org

Get It Straight is a 12-week delinquency prevention and intervention training program for youth ages 10 to 17. Parents are required to attend each weekly session with their child. Participants are involved in a comprehensive curriculum combining classroom instruction, personal development, conflict resolution skills, and communication exercises.

LOS ANGELES BROTHERHOOD CRUSADE www.brotherhoodcrusade.org

Provides culturally competent academic mentoring as well as youth workforce development training, linked learning opportunities (including internships and job shadowing), financial aid counseling and social emotional learning.

MENTORING SERVICES

SOCIAL JUSTICE LEARNING INSTITUTE www.sjli.org

Promotes educational equity for youth in communities of color by offering a mentoring program which includes designing individual academic plans, ACT/SAT preparation, positive identity development, and culturally responsive trainings.

SPARK PROGRAM, INC. www.sparkprogram.org

Helps students in the middle grades discover who they can be today and in the future through a one-ofa-kind Career Exploration program that is facilitated through a passionate network of volunteer mentors.

SOUTHERN CALIFORNIA CROSSROADS www.socalcrossroads.org

Southern California Crossroads provides mentoring services to at-risk youth in grades 9-12 with a focus on students who have experienced trauma.

USDA FOREST SERVICE, ANGELES NATIONAL FOREST www.fs.usda.gov/angeles

USDA Forest Service offers mentoring, social skills and life skills for youth through their Generation Green Program.

NUTRITION EDUCATION

CALIFORNIA STATE UNIVERSITY, NORTHRIDGE/MARILYN MAGARAM CENTER www.csun.edu/marilyn-magaram-center/ champions-change-healthy-communitiesinitiative-overview

This initiative supports efforts to reduce the prevalence of obesity and chronic diseases in SNAP-Ed eligible communities through a coordinated approach: nutrition and gardening education, community/stakeholder engagement and mobilization; and policy systems, and environmental changes. The Champions for Change Initiative is a three-year program that began its implementation in April 2017 and has as a goal to influence change to policy systems and the environment (PSE).

CEDARS-SINAI/HEALTHY HABITS PROGRAM www.cedars-sinai.org/community/programs/ healthy-habits.html

As part of a strategic effort to combat childhood obesity, Cedars-Sinai is helping children and families learn about healthy eating and physical activity with programs reaching elementary and middle school students, parents of preschool children, and families in underserved communities.

SUSTAINABLE ECONOMIC ENTERPRISES OF LOS ANGELES

(Bring the Farmer to the Classroom) www.seela.org

Provides educational presentations for students through the Bring the Farmer to Your School Program. Program presentation curriculum is focused on youth learning about specialty crops, agriculture, local urban farming, how crops grow, and the benefits of eating them and how to prepare them.

VOLUNTEERS OF AMERICA LOS ANGELES www.voala.org

The Healthy Schools Meals Advocacy Project is a student lead project, in which students gain knowledge and awareness of school food policy and functionalities.

SUBSTANCE ABUSE

ASIAN AMERICAN DRUG ABUSE PROGRAM www.aadapinc.org

A 501(c)3 non-profit organization dedicated to serving Asian Pacific Islanders and other underserved communities with substance abuse services throughout Los Angeles County. Programs and services are provided to all individuals regardless of race or ethnicity.

CALIFORNIA HISPANIC COMMISSION ON ALCOHOL AND DRUG ABUSE www.chcada.org

Provides culturally competent bicultural, bilingual, and monolingual services that will reduce the environmental vulnerability of low income Latinos and other marginalized populations in California and throughout the United States. CHCADA also provides organizational development and supportive services to Latino-serving organizations. Whether substance abuse emerges as a means of coping with situational problems, or as a stabilizing force within a dysfunctional family, the California Hispanic Commission provides a full range of substance abuse assessment, treatment / recovery services, referral and other services on an outpatient basis.

CHILDREN'S HOSPITAL LOS ANGELES www.chla.org/adolescent-and-young-adult-medicine

The Division of Adolescent and Young Adult Medicine at Children's Hospital Los Angeles promotes healthy futures by attending to the physical, emotional, and social needs of young people ages 12 to 25. Their Board Certified Adolescent Medicine Specialists (from the field of pediatrics, family medicine, and internal medicine) focus on health promotion, treatment and prevention using a model of positive youth development. An interdisciplinary team of psychologists, social workers, health educators, and other professionals collaborate with their physicians and nurses to support the health and wellbeing of young people.

HATHAWAY-SYCAMORES www.hathaway-sycamores.org

Offers integrated dual diagnosis treatment for youth struggling with both a mental health condition as well as substance abuse. The Co-Occurring Department has certified chemical dependency counselors as well as mental health professionals working together to provide integrated treatment to this population.

OPTIMIST YOUTH HOMES AND FAMILY SERVICES www.oyhfs.org

Provide extensive individual, group and family therapy; education; recreation and athletic activities; healthcare programs; participation in community activities, vocational and emancipation training; cultural arts; case management, substance abuse treatment, mentoring, LGBTQ services, and ancillary therapy programs for 700 children and families each day.

PHOENIX HOUSE www.phoenixhouse.org

Is committed to treating the whole person — and their families — with caring, qualified professionals in the fields of psychiatry, medicine, mental health, social work, education, and recovery support. Their team of experts address underlying causes of substance abuse and behavioral patterns to guide patients toward lasting recovery. As a leading nonprofit treatment provider, they offer affordable evidence-based care to teens, adults, and families, as well as unique programming for mothers with young children and the military community.

SUBSTANCE ABUSE

PUEBLO Y SALUD, INC www.pys.org

Public Health programs seek to improve community standards to address alcohol, marijuana and other drug-related issues. Prevention efforts focus on ways to prevent youth access and reduce availability in our communities. Prevention Classes/ Workshops focus on providing community education to increase public awareness on risks of prescription drug abuse, safe use/ storage/ drug disposal, risk of marijuana and access, risks of alcohol consumption among youth and available resources for help.

TARZANA TREATMENT CENTERS, INC. www.tarzanatc.org

Tarzana Treatment Centers, Inc. is dedicated to providing professional health care that treats each person with compassion and according to their assessed individual needs for improved physical and mental wellbeing. They provide whole-person healthcare through their integrated programs of primary medical and behavioral healthcare including inpatient medical detoxification and psychiatric stabilization, residential and outpatient substance use disorder treatment, outpatient mental health, and residential rehab for teens / youth and adults, primary care clinics, and HIV/AIDS services including specialty medical care.

WEBER COMMUNITY CLINIC CENTER

(HOPICS Family Center/Special Service for Groups) www.ssg.org/programs-and-services/childrenyouth-families/

Provides comprehensive outpatient mental health and substance abuse services to youth aged 0-21. The program targets at risk children and youth residing in Service Area 6 of Los Angeles County. All services are offered in English and Spanish. Probation referrals are welcome and community service opportunities are provided free of charge.

VISION SERVICES

HELEN KELLER INTERNATIONAL www.hki.org

ChildSight® provides free in-school vision screenings and new prescription eyeglasses to children in highpoverty communities in California, Connecticut, New Jersey, New York and Ohio. The program fills a critical health services gap for children with limited to no access to quality basic health or vision care services.

VISION TO LEARN www.visiontolearn.org

Vision To Learn was founded to make sure every child has the glasses he or she needs to succeed in school and in life. Its mobile clinics solve the problem by bringing eye exams and glasses, free of charge, to children at schools in low-income communities.



achieve.lausd.net/wellnessprograms